

# CURRICULUM VITAE

**NAME:** Anthony Michael MANDER

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Greenfield  
Oldham  
OL3 7JW

## QUALIFICATIONS

MB ChB 1970 University of Sheffield

FRCOG 1989

Trained Mediator London School of Mediation 2013

## CURRENT APPOINTMENTS

Associate Editor "Post Reproductive Health" Sage publishing  
Consultant Gynaecologist, Apollonia House, Oldham, BMI & Nuffield Hospitals

Honorary Contract Manchester University Institute of Cancer Sciences (till 2021)

Examiner with Manchester University Medical School

Advance Trainer Faculty of Family Planning RCOG Special Skills Menopause (till 2022)

Past President Forum of Food and Health RSM London (twice)

I am actively involved in clinical practice and Teaching and have completed GMC revalidation requirements (till 2020) and annual appraisals.

Nuffield Manor Hospital Oxford.

Apollonia House ,Oldham Consulting Rooms.

My Philosophy

*"The concept of disability-free life expectancy is of fundamental importance, as are health-related factors associated with the onset of disability, especially lesser-known causes of disability such as sarcopenia.*

*I seek to raise awareness of the interrelationship between nutrition, physical activity and life-style for improving health through life-course, particularly in later life, and to demonstrate how healthcare outcomes and policies can be improved with the adoption of a more nutrition-oriented approach."*

Reviewer for the Commission for Health Improvement until April 2004 subsequently Expert Advisor Healthcare Commission .numerous reviews  
Public Health Advisor Healthcare Commission .  
National reviews and enquiries:  
Commission for Health Improvement –  
Royal Berkshire Ambulance Trust – 2002:  
Wrexham Hospitals NHS Trust – 2003:  
Sheffield Teaching Hospitals NHS Trust - 2003:  
Healthcare Commission Investigation into Maternity Services at Royal Wolverhampton Hospitals NHS Trust at New Cross Hospital – published June 2004  
Secretary of State Independent Inquiry under Section 2 of the NHS Act of 1977 into the Wyre Forest Birthing Centre -- published November 2004

Organisation of numerous Academic Meetings, at the RSM including '**Osteoporosis from cradle to grave**' a full day meeting at the Royal Society of Medicine in conjunction with the National Osteoporosis Society, and Alzheimer's Society '**Nutrition, cognition and Alzheimer's**'.

Editorial Activities including reviewing articles for Journals and Book reviewing. Joint Editor – 3 Books see publications –Highly Commended Award - BMA book awards 2005 for "Managing the Menopause without Oestrogen".  
Member of editorial boards of 3 Journals

PUBLICATIONS 14 out of 48

[Long-term benefits and risks of HRT \(Section 11\): Loss of muscle mass \(Sarcopenia\).](#)

Mander T.

Post Reprod Health. 2016 Jun;22(2):96-7. doi: 10.1177/2053369116647938. No abstract available.

PMID:

27363755

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Select item 27363754 ☐ 2.

[Long-term benefits and risks of HRT \(Section 11\): Dementia.](#)

Mander T.

Post Reprod Health. 2016 Jun;22(2):95. doi: 10.1177/2053369116648254. No abstract available.

PMID:

27363754

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[Editorial: Health Gaps.](#)

Mander T.

Post Reprod Health. 2015 Dec;21(4):135-6. doi: 10.1177/2053369115619137. No abstract available.

PMID:

26612437

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Select item 24879773 ☐ 4.

[Longevity and healthy ageing - Will healthcare be drowned by the grey Tsunami or sunk by the demographic iceberg?](#)

Mander T.

Post Reprod Health. 2014 Mar;20(1):8-10. Epub 2014 Mar 13.

PMID:

24879773

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[Better life better health - lifestyle and diet for a healthy future.](#)

Mander T.

Menopause Int. 2012 Dec;18(4):123-4. doi: 10.1258/mi.2012.012041. Epub 2012 Nov 28. No abstract available.

PMID:

23193142

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Select item 20956690 ☐ 6.

[Post-reproductive health and lifestyle consultations.](#)

Mander T.

Menopause Int. 2010 Sep;16(3):130-1. doi: 10.1258/mi.2010.010030. No abstract available.

PMID:

20956690

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Select item 19933462 ☐ 7.

[Diverse aspects of postreproductive health, from evolutionary theory, DNA genetic structure to micronutrients and quality of life measurement.](#)

Mander T, Seif M.

Menopause Int. 2009 Dec;15(4):139. doi: 10.1258/mi.2009.009045. No abstract available.

PMID:

19933462

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Select item 17178016 ☐ 8.

[Hysterectomy and sexual function.](#)

Mokate T, Wright C, Mander T.

J Br Menopause Soc. 2006 Dec;12(4):153-7. Review.

PMID:

17178016

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Select item 12804326 ☐ 9.

[Hormone replacement therapy and fibroids.](#)

Bollapragada S, Panigrahy R, Mander T.

J Br Menopause Soc. 2002 Dec;8(4):157-8. No abstract available.

PMID:

12804326

[Who will assess cognitive change?](#)

**Mander AM.**

Menopause Int. 2009 Sep;15(3):94-5. doi: 10.1258/mi.2009.009031.

PMID:

19723675

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Select item 10426756 ☐ 2.

[Low dose aspirin for preventing and treating pre-eclampsia. Author of editorial did not criticise studies' methodology.](#)

Emeagi J, Patni S, Tikum HM, **Mander AM**.  
BMJ. 1999 Jul 31;319(7205):316. No abstract available.

PMID:

10426756

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Select item 9386037 ☐ 3.

[The use of hormone replacement therapy in women with acute myocardial infarction: an audit of current practice.](#)

Edozien GY, Edozien LC, Klimiuk PS, **Mander AM**.  
Br J Obstet Gynaecol. 1997 Nov;104(11):1322-4.

PMID:

9386037

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Select item 8988704 ☐ 4.

[Reversal of sterilisation by the railroad technique.](#)

Edozien LC, Anastassopoulos D, **Mander AM**.  
Br J Obstet Gynaecol. 1997 Jan;104(1):92-5.

Please find a list of Food & Health Forum meetings below.

Name	Date
Nutrition pre-pregnancy birth and beyond - Windows of opportunity	01/10/2009
Food and health: Communication with consumers	03/03/2010
Evidence based nutrition	27/05/2010
Micronutrients: Intake status and scientific update	13/10/2010
Christmas lecture for Schools: Nutrition for the elite athlete: how diet affects performance	29/11/2010
Christmas lecture for Schools: Energy: a question of balance	30/11/2010
Sports nutrition: Innovative research and strategies for all	23/03/2011
Nutritional approaches to cardiovascular health	12/10/2011
Tomatoes and health: appraising the benefits	07/06/2012
Human nutrition through the 'seven ages' followed by AGM	10/10/2012
Health benefits of cereal grain foods for consumers	28/03/2013
Eggs: Lifting the limits and establishing the nutritional benefits	08/05/2013
Longevity and healthy ageing and AGM	02/10/2013
Dietary guidelines: Scientific substantiation and public health impact	27/03/2014
Hidden hunger	10/11/2014
Water, hydration and health: Science and public health implications	02/12/2014
Alcohol: Balancing risks and benefits	04/03/2015
Rio 2016 Olympic Games: The impact of sport and exercise nutrition	10/03/2016
Mobility, exercise, nutrition and healthy ageing and Forum AGM	11/05/2016
Innovations in sport and exercise nutrition	07/03/2017
Female health, nutrition and performance	11/05/2017
Starving for truth: Nutrition myths and controversies	06/11/2017

Successful ageing: A multi-professional approach  
Nutrition, the immune system and health

26/02/2018  
11/06/2018