

Contemporary publications and conferences

1995	Providing adequate first aid	ISRM industry guidance author
1995	Leisure accidents and litigation	Hawkesmere conferences - speaker
1997	Accident prevention strategies	IBC Conference speaker
1997	Accident prevention strategies	IEHO/Welsh Council Conference
1998	Pool safety, a local authority perspective	RLSS UK Symposium speaker
1998	Accident prevention in the leisure industry	Safety Practitioner magazine
1998	Safety considerations at special events	Millennium Commission Conference
2001	New technology and lifeguarding	RoSPA Water Safety Congress
2001	Pool Lifeguard	RLSS UK manual – author
2004	In-service training for lifeguards	ISRM development manual
2005	In-service training, your duties and the law	ISRM Sport Excel Conferences
2006	Back to Basics seminars	ISRM Training for Health and Safety
2006	Trainer development programme	RLSS UK manual - author
2006	Beach Lifeguard	RLSS UK manual – author
2009	European pool safety standards	ISRM Sport Excel Conferences
2010	Disability Access in sports facilities	QLM audit programme
2012	Fire risk assessment in sports facilities	IOSH accredited course author
2014	Managing H&S in Leisure & Culture	CIMSPA Approved course author
2017	Pool and leisure safety training	CIEH CPD seminars for EHOs
2019	Pool and leisure safety training	CIEH CPD seminars for EHOs
2022	Pool and fitness gym safety training	CIEH CPD seminars for EHOs

Related management, health and safety and training experience

I have undertaken accident investigations for HM Coroners, the HSE, local authorities, insurance companies and the judiciary both in the UK and abroad to prepare expert reports in industrial relations, criminal and civil cases. I undertake regular health and safety, fire safety and risk assessment development audits for a wide range of clients within the private and public leisure sectors.

Until 1989 as Swimming Management Officer for the City of Birmingham, I was responsible for the overall development of safety training, safety management and accident prevention strategies for the City's swimming and aquatic facilities, parks and areas of open water and for the investigation of accidents. In addition, I was responsible for the management of the City's Swimming Development programme. Following my recruitment to RLSS UK in 1989, I developed a broad-based health and safety, supervision, rescue and first aid training programme for pool lifeguards, now the UK benchmark programme and qualification.

I have written three of what have become industry standard texts on these subjects. I was the author of the health, safety and rescue training manual for beach lifeguards as the mirror programme to the RLSS UK national pool lifeguard training programme and current qualification is accepted as the benchmark for beach lifeguards in the UK. I am currently working with RLSS UK on a training programme for inshore rescue boat coxswains and crew members. As a tutor, I run a range of health and safety and risk management aid courses, both bespoke and for Awarding Bodies such as CIEH, CIMSPA and IOSH. I have developed a diverse range of first aid programmes for workplace, community and paediatric environments to meet FAIB requirements as an approved first aid provider and the Early Years criteria from DCSF and Ofsted. I manage an FAIB approved first aid training business.

I am involved, both at a national and international level, in the development of safety standards through my involvement as Principal UK Expert in European health and safety work having managed the development of a number of European and UK safety standards in the recent years. I advise and work with leading leisure management organisations on the development of policy, programmes and safety initiatives. I have been an active beach and open water lifeguard for many years and am currently a member of an RLSS UK team developing a rescue boat programme for coastal and inland water lifeguards.

I was the lead author for the preparation of the supervision section of the HSE's guidance on swimming pool safety, HSG179:2018 and currently sit on the BSI Swimming Pools safety standards committee as part of the wider sports safety group. I was awarded the British Empire Medal in 2020 for services to swimming pool safety and lifeguard development.