CURRICULAM VITAE

Dr. DEEPAK KUMAR JAIN MBBS, MD, FRCP, M Sc (SENIOR MEDICAL LEADERSHIP)

WORK ADDRESS:

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PERSONAL DEIAILS

NAME: Deepak Kumar Jain

PRESENT APPOINTMENT: Consultant Physician, Lister Hospital (Since 1997) East and North Herts, NHS Trust

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CONTACT DETAILS:

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NATIONALITY: British

DATE OF BIRTH: 12-08-54

QUALIFICATIONS:

2014 PG Cert Medical Education

2011 MSc Senior Medical Leadership, RCP

2001 FRCP UK 1992 MRCP UK

1983 MD, K.G. Medical College, Lucknow, India 1977 MBBS, K.G. Medical College, Lucknow, India

AWARDS AND HONOURS: School honours for academics

Distinction in Mathematics (0 Level)

Distinctions in Physics and Chemistry A level National Scholarship for Medical studies 1st prize in University Sitar recital competition

CLINICAL EXCELLENCE AWARD: Bronze (9)









PERSONAL STATEMENT:

I joined NHS in 1991, and, am Consultant, General and Elderly Medicine, QE II Hospital, East and North Herts since 1997, besides working as:

- Senior Lecturer, Royal Free/UCL Medical School,
- Clinical tutor,
- Foundation Programme Director,
- Associate regional advisor, medicine.
- Clinical Lead Clinician for revalidation of trainee doctors, Eastern Region,
- Panellist, Clinical Case Managers Eastern Deanery and Clinical Governance Committees.
- Formerly, Clinical Director, elderly medicine, NHS.

. I attended Medico- Legal Training (2010), and, am

- Registered in expert witness (<u>www.expertwitness.co.uk</u>).
- Bond and Solon website
- National Expert Witness Agency NEWA
- Federation of forensic & Expert Witness
- Bond and Solon Course

0	Courtroom Skills	2018
0	Excellence in report writing	2018
0	Cross examination	2018
0	Civil Law and Procedures	2019

o Certificate of expert Witness 2019. University of Cardiff

Proficient in General internal medicine, Falls, Syncope, Stroke, cardiovascular diseases affecting elderly, and mental capacity assessments, I'm interested in undertaking related medico-legal works.

MEMBERSHIP OF LEARNED SOCIETIES:

- Royal College of Physicians
- Fellow of British Society of Medical leaders
- British Heart Failure Society
- British Medical Association









LEADERSHIP ROLES

Current Appointments:

Clinical Investigation Case Manager	2012	
Clinical Lead for Trainees Revalidation for	21012	
East of England Deanery (EOE)		
Deputy Regional Advisor of RCP	2012	
MSc in Senior Medical Leadership	2010- 12	
Clinical Director	Since 2009-12	
Examiner (DGM)	Since 2009	
Lead Clinician HAN	Since 2008	
Clinical Tutor, QEII Hospital	Since 2004	
College Examiner, MRCP Examination	Since 2001	

Previous Leadership Appointments:

Chairman, Medical Staff Committee	Till 2008
Member British Geriatrics Society	2006-10
(National Finance Committee)	
Deputy Audit Lead for Trust	<i>Till May</i> '2003
Clinical Governance Lead Emergency Medicine	2002-07
Hon Secretary, British Geriatric Society	<i>2002</i> - 05
Member, Specialty training committee	Since 2001
College Tutor, Royal College of Physician	1999-2007
College Representative	Consultant
Appointment Committee	









Previous Experience

July 95 to Oct 97	Senior Registrar,	Geriatrics and	General Medicine

Royal Free Hospital and Barnet General Hospital,

London

Oct 1994 to 30.6.95 Research Registrar Cardiology

Newham General Hospital London Chest Hospital

Nov. 1992 to Sept. 1994 **Registrar Geriatric/General Medicine** Edgware

General Hospital

St. Bartholomew Hospital (Cardiology Secondment)

Aug. 1991 to Aug. 1992 **Registrar Medical Rotation**

Barnet General Hospital

Mar 1991 to July 1991 Senior House Officer Medicine Barnet General

Hospital, London

Jan 1991 to Feb 1991 Locum Senior House Officer

Addenbrooke Hospital, Cambridge

Aug 1989 to Dec 1990 Study leave (PLAB and MRCP 1)

1983 to July 1989 **Registrar Chest Medicine**

Buraydah Chest Hospital, Saudi Arabia.

Jan1979 to June 1983 **Registrar Medicine**

King George's Medical College, India

Jan. 1978 to Dec. 1978 House Officer/Internship Rotation

King George's Medical College, Lucknow, India









DELIVERING A HIGH QUALITY SERVICE:

A persistent and highly dedicated professional, I have always been committed to delivering a high quality patient centered care irrespective of a high throughput. I have been able to achieve significant efficiencies within my practice notwithstanding an occasional increase in workload with rise in in-patients and out patients, partly due to the retirement of a consultant colleague, or other emergencies. I have also taken on the considerable roles of both, Clinical Director in Elderly Medicine, and, Trust Lead in the development of intermediate care, since 2009. My resolute and assiduous commitment to education has found satisfying expression in my longstanding role as Clinical Tutor.

PERSONAL PROVISION OF PATIENT CENTRED CARE:

High throughputs along with low number of complaints reflect my exemplary clinical care. I have continued to augment both my inpatient and outpatient workload –achieving a personal high score of dealing with 600 new & more than 1200 follow up patients last year in various clinics. Over the last year I have had more than 1300 Finished Consultant Episodes.

CLINICAL DIRECTOR IN ELDERLY MEDICINE (2009-):

I have laid the foundations for a high quality service based on national and NICE guidelines, monitored by audit. Moreover, I led the unification of the Elderly Care Departments at Lister and QE II, and, established and chaired a joint monthly clinical governance meeting. I am in charge of short stay wards, which has shortened LOS significantly.

CONTINUINING SPECIALIST CLINICS:

Heart Function Service

This is a popular service now in its eighth year with 200 new and 500 follows up patients a year. Since my last award we have improved links with Palliative care by establishing a joint review of end stage heart failure patients with Palliative care consultants. I have also strengthened the links between the service and care in the community by working closely with community matrons. Moreover, to ensure that the services continue to improve we have recently developed a very popular telephone advice service (manned by nurses) for both patients and primary care physicians.

Falls Assessment Clinic

This service, established in 2003, provides one-stop multidisciplinary assessments, recommending appropriate intervention for individual patients, helping them manage their own condition by provision of support and education.

It continues to be a popular service. We see 200 new patients per year, and have received both local and regional commendation. Since 2009, I have improved links with intermediate care teams and pharmacists in the community. We also now work more closely with our orthogeriatric colleagues and review in- patient post-operative fracture neck femur patients in the









clinic to ensure secondary prevention. This has proved to be a significant innovation allowing a more streamlined approach. Recent clinic audit data from 2010 has showed excellent results including 100% patient satisfaction.

Fall Prevention Exercise Clinic

This important extension of the Falls Service, begun in 2005 as a pilot, was in danger of running out of funding. However, with the co-operation of my primary care and public health colleagues as a part of a working team, we have now successfully acquired more than £1mil worth of funding for postural stability classes county-wide.

WIDER CONTRIBUTION TO THE TRUST

Implementation of consultant led board rounds: Apart from fulfilling a demanding role as a clinician and Clinical Director, I have successfully led the implementation of Hospital at Night (HAN) in the trust. Now the HAN is fully embedded in the acute care of patient. There are plans to extent the concept to 7 days a week.

DEVELOPING A HIGH QUALITY SERVICE

SERVICE DEVELOPMENT THROUGH CLINICAL GOVERNANCE

My continuing contribution to key management committees has proved invaluable in helping to direct the strategic aims of the Trust:

- I am Trust Lead for the Unscheduled Care Group, which is looking at ways to avoid inappropriate admission by closer work between social services and different health professions. To this end and in order to assess old and frail patients promptly, we have established 2 rapid assessment clinics through the ambulatory care Centre.
- In 2009-10 I successfully led the reconfiguration and rehousing of threatened Day Hospital Services into an Assessment Centre for Frail Elderly Patients. Now a comprehensive assessment is carried out, saving money for the Trust, improving patient care and safeguarding the future of these services.
- In 2010 I led development of a hyper acute stroke service and TIA service meeting all the national vital signs targets and developed a consultant led ortho-geriatric liaison service.
- I am also currently working on a 5-year forward planning strategy to address the health needs of an ageing population in our catchment area. This should allow us to provide a focused plan for elderly care services in the coming years.









DEVELOPING EXISTING SERVICES

I continue to maintain and develop a high quality service through regular audit:

Clinical Audits:

Local Audits for evaluation of clinical effectiveness

I constantly use audits to evaluate the clinical effectiveness of my practice. This has helped not only in maintaining the high standard of delivery of care but has also helped me in incorporating new guidelines from time to time.

- Heart Function Clinic (Audit 2010): I continue to re audit this well-established service. Results showed continuing excellent effectiveness and popularity amongst patients and referring GPs. Once again our patient satisfaction survey neared 100%.

Falls Clinic Service (Audit 2009): Following this most recent audit, we have now started a patient and carers forum which meets regularly and discusses falls related issues. This has increased awareness and proved a popular addition to the existing service.

- Audit of Liverpool Care Pathway (2010): This audit showed that although we have improved our use of palliative care drugs, we still have considerable work to do in addressing patients' spiritual and psychological needs. I have written a discussion paper advocating the introduction of a Palliative Care ward in the hospital (ref Research below).
- Documentation of Medical Records (June 2010), Mortality Audit (Oct 2010), End of Life issues for Heart Failure Patients (Data Collection 2011)_
 These audits are aimed at improving clinical outcomes.

National Audits

- ➤ National Clinical Audit of Falls and Bone Health for Older People The Trust continues to take part in this national audit being conducted by the RCP (2009-10) looking at the current practices of falls service against the NICE guidelines.
- ➤ National Heart Failure Audit Conducted in 2010 and the report is awaited from BCS.
- ➤ National Dementia Audit 2010 As a member of the Dementia implementation group this audit looks at both patient care and the service organization.









LEADERSHIP SKILLS

CLINICAL DIRECTOR IN ELDERLY CARE (2009-2012)

I have taken on the role of clinical director in elderly care since my last award. I am responsible for the strategic and operational running of the elderly medicine department. I lead a team that excels in delivering patient centered care based on research and built on firm foundations of clinical governance. I have budgetary responsibility for the directorate and implement regular cost improvement programmes. My significant management responsibilities include consultant recruitment, annual consultant appraisal and the continued education of junior doctors. I chair a Clinical Governance Committee for Elderly Care and am a member of a number of management committees, including Infection Control, and Later Life Issues amongst others.

I have also been instrumental in the development of new services, including a new orthogeriatric and comprehensive stroke service (details mentioned earlier). Moreover in the light of a relatively high HSMR I have introduced a regular clinical coding review meeting which is consultant led. I lead the implementation of Modernising Medical Careers Objectives. I directly manage 5 of the 20 education supervisors and run a faculty development programme for the trainers.

My most significant achievement since 2009 has been the successful implementation of Hospital at Night (HAN) at Lister Hospital in June 2011. This has been a long-term project and as Trust Lead, it is very satisfying to see it come to fruition. The service is working extremely well and/feedback suggests that it has significantly improved team work, patient safety and care. We are in the process of formally auditing the service and planning to organise an interactive workshop to assess its impact and possible future improvements.

CONTRIBUTION TO POLICY MAKING AND PLANNING IN HEALTHCARE

Regional Specialty Committee
Member of the Trust Education Board
National Service Framework Implementation Group
Interview panel for Consultant Radiologist 2009 and Stroke Physician 2010

PERSONAL DEVELOPMENT OF LEADERSHIP AND MANAGERIAL SKILLS

I have undertaken training on a number of relevant issues in order to ensure self development, enhance efficiency and to be more effective within my management role. In 2010-11 I successfully completed a certificate in Senior Medical Leadership from Birkbeck College, Royal College of Physicians and London School of Hygiene and Tropical Medicine, and shall complete M Sc in this subject by year end. The themes and topics explored have provided a useful practical and theoretical basis for the delivery of my service.

- Datix web training (Oct 2010)
- Dr Foster Training (Oct 2010)
- Business case seminar, Lister (Nov 2009)
- PLICS training (Jun 2009)









TEAM WORKING IN RELATION TO POLICY COMMITTEES

I am an active member of the Trusts' steering committee for the development and implementation of Medical Information and Technology.

As Hon Secretary of British Geriatrics Society NWT region I represent regional views and form a link with the national network of the society.

As a member of European Working Time Directive (EWTD) steering group I am actively involved in the implementation of the EWTD in the trust. We are making good progress towards meeting the 2004 deadline

TEACHING AND TRAINING

COURSES AND EDUCATIONAL MATERIALS DEVELOPED

I continue to actively participate in various forms of education across the Trust, particularly in the development of courses and materials:

Education Core Curriculum for Foundation doctors: I participated in the development of this training curriculum. Patient safety and clinical governance was prioritised through regular training days and the course was praised by Foundation School visit in 2008.

Communication Skills Course: I personally organised and designed this well-established course which is popular amongst Junior doctors.

Interview Skills Course: I have been involved with this course from its inception and contribute my own regular sessions equipping junior doctors with essential techniques which are highly commended.

Physician Assistant MSc: Involved in the initial accreditation and implementation of this University of Hertfordshire course (2007-date). I continue to lecture and develop clinical methodology and bedside examination techniques.

SAS Doctors: Have established a comprehensive teaching and educational training course to enable them to progress in their respective careers.

Customer care training: I am developing an in-house Customer Training Session for the trust.

DEVELOPING TEACHING SKILLS IN ONESELF AND OTHERS

I have always been deeply involved in education and training – initially as College Tutor (1999-2005) before taking the role of Clinical Tutor (2005-).

I hold regular workshops on work-based assessments for consultants, senior nurses & other relevant staff. I also chair weekly clinical Grand Round.









<u>Faculty development course for educational supervisors:</u> After deanery training, I now conduct this course on a monthly basis for fellow consultants, registrars, SAS doctors and senior nurses, providing the necessary skills for teaching, training and assessing Junior doctors following nationally established standards.

<u>Foundation Trainee Workshops</u>: Have facilitated and developed Junior doctors' teaching & presentation skills through a series of mini-tutorials.

<u>GP training:</u> regularly invited to lecture GPST trainees on TIA, stroke, heart failure & falls. The feedback is uniformly positive and is evidence of my continued commitment to nurturing the educational capability of others.

I conduct regular teaching sessions to familiarise nurses and other health professionals in the management of acute medical problems such as acute confusional states, ECG interpretation and acutely unwell patients. Personally, I continue to develop my own skills by attending nationally accredited courses such as 'Training the Trainer', Faculty development and communication skills courses, and have also enrolled in a Senior Leadership MSc.

INVOLVEMENT IN EXAMINATIONS AND ASSESSMENT

In my continuing role of College Tutor, I provide educational leadership in the trust, through liaison with other educational leads/ supervisors. I also provide leadership in clinical governance issues in education through regular chairing of the Postgraduate Education Committee and am a member of the Medical Education Board.

<u>Undergraduate Clinical Course:</u> I teach undergraduates from UCL and Cambridge on their annual revision course and am a designated Honorary Senior Lecturer at UCL Medical School.

<u>Postgraduate Education:</u> Appointed Honorary Clinical Fellow, Postgraduate Medical School at University of Hertfordshire.

College Examiner (2004-): I contribute to training & education at a national level. Successfully hosted the MRCP examination in the trust in 2004, 2006 & 2010. These initiatives were highly commended by the college and equally appreciated by the Trust on each occasion; Lister is now established as a regular host centre.. I have also been recently appointed and am now fully trained as an examiner for DGM (2009-).

<u>Mock Examinations</u>: I regularly participate as an Examiner in the mock MRCP PACES held annually.

I also regularly undertake work-based assessments of all the trainees in the Trust, and provide succinct, practical feedback.









RESEARCH EXPERIENCE

MD Thesis

Jain DK, Nontuberculous bacterial flora and their sensitivity to antimicrobial agents in chronic lung diseases with special reference to Pulmonary Tuberculosis. Doctoral thesis, Lucknow University, India

Publications

I have continued to have a keen interest in research and conducted several studies/projects in the past year. My main research interests include falls prevention, chronic heart failure and end of life issues in non-cancer patient. Many of these studies have been in collaboration with the primary care sector and University of Hertfordshire.

I have also conducted more than 30 audits, most of which have led to service improvement or development.

Publications (2010/11)

Jain D, Bartlam K, Galinskaya E (2011) "Why not set up dedicated palliative care units for the elderly in acute hospitals?" European J Palliative Care 18 (2): 76-78.

Angela Dickinson, Ina Machen, Khim Horton, Deepak Jain, Ted Maddex, Jenny Cove (2011) "Fall prevention in the community: what older people say they need. British Journal of Community Nursing" Vol 16, No 3: 118-124

Dickinson A, Horton, Machen I, Cove, Jain D, Maddex T "The role of health professionals in promoting the uptake of fall prevention interventions: A qualitative study of older people's views" Age and Ageing [In Press]

Grants:

"Administration of medicines to older people with swallowing problems in acute care settings: Risks and solutions".

(Submitted for consideration to DOH)

Facilitators and barriers to older people accepting and complying with interventions to reduce falling and fractures.

Funded by Department of Health

£ 135,035.00









Current Projects

Cross Sectional Survey- Patients' and health professionals' attitudes in discussing sexual health and sexual problems in secondary care setting (on going).

Prevalence of bullying and harassment amongst the junior doctors in EOE; an online survey Submitted as dissertation for my MSc. (Paper submitted for publication)

Reviewer of Age & Ageing, journal of British Geriatric Society

Member of editorial board of Hertfordshire Journal of Medicine

EXTRA CURRICULAR ACTIVITIES

1 have a keen interest in sports especially Cricket and Table Tennis and enjoy listening to music. I like to think that I am good at DIY.







