



CURRICULUM VITAE

DR. TZVETANKA MARINOVA IVANOVA-STOILOVA, MD, PhD,
FRCA, FFPMRCA

SURNAME:	Ivanova-Stoilova
FIRST NAME:	Tzvetanka
SECOND NAME:	Marinova
ADDRESS:	1 Allt-Yr-Yn Heights Newport Gwent, NP20 5DX
TELEPHONE NUMBER:	01633 779 738
DATE OF BIRTH:	20 June 1955
SEX:	Female
NATIONALITY	British/Bulgarian Born
MARITAL STATUS	Single (two children)
GMC NUMBER	4340850 Full Registration under maiden surname Ivanova
DATE OF ACCREDITATION	28.02. 1999

QUALIFICATIONS

MD - Medical Academy, Sofia, 1979

Specialist in anaesthesia- St.Petersburg, 1983

PhD - State Institute for Higher Training of Physicians, St. Petersburg ,1985

Diploma of Anaesthesia DA (UK) RCoA - London 1995

Fellow of Royal college of Anaesthetists FRCA (UK)- London 1997

CCST (Certificate of completed training in anaesthesia (UK)- London 1999

Fellow of Faculty of Pain Medicine to Royal College of Anaesthetists FFPMRCA - 2007

UK NHS HOSPITAL APPOINTMENT

01.03.1999 –1.11.2020

**Director of Pain Clinic, Consultant in Anaesthesia and Pain Medicine
- Aneurin Bevan University Health Board, Newport, Gwent**

01.11.2020-14.06.2021

- Retired from NHS work

14.06.2021-14.12.2021-

Locum Consultant in Pain Medicine in Aneurin Bevan University Health Board

INDEPENDENT CLINICAL WORK IN UK

**01.09.1999- present: Consultant in Pain Medicine,
PAMIR Pain Management Clinic, St Joseph's Hospital, Newport,Gwent**

**30.12.2021- Admissions rights granted to Queen Anne Street Medical
Practice and Fitzrovia Hospital, London**

MEDICO-LEGAL PRACTICE

01.09.1999- Present: Consultant in Pain medicine

**PAMIR Pain Management Clinic,
St Joseph's Hospital, Newport, Gwent, Wales NP20 6ZE**

**30 December 2021 – Present : Consultant in Pain Medicine,
Queen Anne Street Medical Centre& Fitzrovia Hospital,
London, W1G8EJ**

Since 1999 I have been regularly undertaking medico-legal work. I have had regular training and keep myself updated about all contemporaneous requirements for this type of medical practice.

I am a registered on the Medico-legal experts panel of Inspire Law. I am a regular attendee at Bond Solon medico-legal conferences, MDU, BMA, Premex medico-legal seminars.

I have had training in writing of medico-legal reports, courtroom skills, expert witness training, working with Counsel and Solicitors, skills of cross examination. I have attended the educational seminars and conferences on the above topics in 1999, 2003, 2008, 2010, 2015, 2016, 2017, 2018, 2019, 2021.

My medico-legal work is related to high volume complex multitrack cases. I am instructed by Solicitors firms such as Irwin Mitchell, Slater and Gordon, Harding Evans, Admiral Law, Howells, Fletchers, Elmsleys, Lyons Davidson, Carpenters and many others. I prepare 20- 25 medical reports annually. I see the Client within 2 weeks of referral and provide the medical report within two weeks after examination.

So far, I have received instructions on behalf of the Claimant. I have engaged in many discussions with Counsel and have prepared Joint statements for most of the Claimants. All the cases I have worked on, settled successfully out of court or my attendance in Court has not been necessary.

I am registered with ICO and my practice is GDPR compliant.

My medico-legal practice is indemnified by MDU.

I am an author of 66 peer reviewed publications and presentations.

My clinical practice is regularly audited. I am a lifelong learner.

POSTGRADUATE STUDY AND HOSPITAL APPOINTMENTS

(HIGHER TRAINING IN ANAESTHESIA IN THE UNITED KINGDOM)

14.11.97 - 28.02.1999	Visiting Specialist Registrar Type I in WELSH SCHOOL OF ANAESTHESIA. Placements according to All Wales Training Programme in Anaesthesia
01.07.1998 - 28.02.1999	Morrison Hospital and Singleton Hospitals, Swansea Year 4 All Wales Training Programme
01.01.1998 - 30.06.98	West Wales General Hospital in Carmarthen Year 4
14.10.1997 - 31.12.1997	Cardiff Royal Infirmary Year 3
14.07.1997 - 17.10.1997	University Hospital of Wales Year 3 of All Wales Training Programme therapy
20.05.1997 - 14.07.1997	Llandough Hospital Year 3 on All Wales Training Programme
01.03.1995 - 19.05.1997	Royal Gwent Hospital in Newport Visiting Registrar in Anaesthetics, Specialist Registrar in anaesthetics
01.02.1994 - 31.01.1995	Nevill Hall and District N.H.S. Trust, Abergavenny with rotation to St. Lawrence Hospital, Chepstow. S.H.O. in anaesthetics.
04.05.1992 - 31.07.1992	St. Lawrence Hospital, Chepstow, Gwent Locum S.H.O. in anaesthesia Anaesthetic management of cleft lip and palate, major maxillofacial surgery, burns.
10.10.1991 - 10.11.1991	St. Lawrence Hospital, Chepstow, Gwent As an observer in the Department of Anaesthesia

Examinations:

Passed Clinical Fellowship exam 1983 /Russ/
Passed Part I FRCA exam June-July 1994
Passed Part II FRCA exam in June 1995
Passed Final FRCA exam in December 1996
Fellowship of the Royal College of Anaesthetists
awarded in February **1997**
Fellow of Faculty of Pain Medicine RCoA 2007

OVERSEAS EXPERIENCE

02.02.1990 -01.02.1995

Clinic of Plastic Reconstructive and Aesthetic Surgery.
Higher Medical School in Sofia

POST: Professor in Anaesthetics and Head of Anaesthetics Department

16.03.1987 -02.02.1990

Clinic of Plastic, Reconstructive and Aesthetic Surgery, Higher Medical School in Sofia

POST: Lecturer in Anaesthetics

17.06.1985 - 16.03.1987
Bulgaria

Accident and Emergency Institute in Sofia,
Department of Paediatric Anaesthesia.

POST: Paediatric Anaesthetist

01.10.1983 - 22.03.1985

State Institute for Higher Training of Physicians, St. Petersburg, Russia

POST: Research Fellow in Anaesthesia:
Degree: *Doctor of Philosophy / Medical Science.*

01.10.1981 - 01.10.1983

State Institute for Higher Training of Physicians, St. Petersburg, Russia

POST: Clinical Fellow on Higher Training Programme in Anaesthesia.

Qualification obtained: ***Certificate for Completed Internship in Anaesthesia and Intensive Care.***

25.09.1979 - 01.10.1981

District General Hospital in Ichtiman, Sofia Region

POST: Attending physician in Medicine

MEMBERSHIPS

Fellow of the Royal College of Anaesthetists

Fellow of Faculty of Pain Medicine, Royal College of Anesthetists

Member of International Association for the Study of Pain

Honorary member of Bulgarian Association for the Study and Treatment of Pain

Member of Welsh Pain Society

Member of Diabetes UK

Member of British Medical Association

Member of Independent Doctors Federation

Member of ASPN, USA

AUDIT

1. Handling of patients in theatre, Carmarthen 1998
2. Acute pain service in West Wales General Hospital, Carmarthen, 1998
3. Patient satisfaction from pain relief services – Royal Gwent Hospital , 2001
4. Audit on pain clinic practices – May,2002
5. Audit on Radiofrequency denervation to lumbar facet joints – 2003
6. Teaching Anaesthetic trainees principles of Pain management – 2003
7. Diabetes, neuropathies, disability – October 2005

8. Patient satisfaction with Diabetic polyneuropathy pain clinic, -2006
9. Teaching eye blocks -2006
10. Audit on pharmacological treatment of painful diabetic neuropathies in primary care in Newport, Gwent, 2009
11. The long story of a venflon – clinical presentation 2011
12. ABHB CME Day- March 2011
13. Myofascial Pain Syndromes – Jan 2012
14. Managing the complex patient with morbidities and diabetic neuropathies, June 2017
15. Pain Trajectories in survivors of critical illness, July 2019
16. Survey of interventional treatments in the Chronic Pain Clinic, April 2019

RESEARCH

PhD degree awarded from the Board of Faculty of State Institute for Higher Training of Physicians, St.Peterburg, Russia after public defence of dissertation:

“Systemic and regional changes of haemodynamics during ketamine anaesthesia (an experimental and clinical study) on the 22.03.1985

UNIVERSITY OF SOUTH WALES, COURSE DIRECTOR

Since 2017 I am the Course Director of on-line international Diploma in Pain management and Msc in Pain Management for the USW.

TEACHING:

Lectures, seminars, SSC projects, clinical placements, educational pain medicine supervisor in pain medicine for trainee anaesthetists

I was elected for Faculty of Pain Medicine Tutor for the ABUHB 2019-2020.

1. University Medical Educational Programme, Robinson's College, Cambridge- 30.07.-1.08.2000 - “Phantom Limb Pain and Protocols”
2001. - “Phantom Limb pain and protocols”
2. Management of Chronic Pain- lecture for the pharmacists of Gwent Health Authority - July 2000
3. Mechanisms of chronic pain - Lecture for the Gwent Division of BMA- May 1999
4. Pain Pathways - Lecture for SWAC course for Part I FRCA
5. Interactive GP education in Pain Management - FOCUS programme 2003 –2004
6. Modern Treatment of neuropathic pain – for Diabetes Group in RGH, Newport, 2004
7. Principles of Management of chronic pain – lecture for Rheumatology Department, RGH – 2004
8. An overview of chronic pain and principles of treatment – lecture for Institute for Wound Healing Research, Cardiff, 2005

9. Management of neuropathic and nociceptive pain – lecture for UHW Institute for healthcare studies, Cardiff, 2005
10. Mechanisms and treatment of neuropathic pain –lecture for anaesthetic trainees,October 2006
11. Diabetic neuropathies and their management – lecture for GPs, November 2006,2008, 2010
12. Myofascial pain Syndromes- lecture for consultants, GPs and trainees- March 2011
13. What is Pain and how to manage it: lecture for CT and FT2 of ABHB-, 26th October 2011, The Friars
14. CPD in ABHB: Myofascial pain syndromes in pseudoradicular pain -minutes, 02.11.2011, The Friars
15. The mechanisms of chronic pain – lectures for CT in anaesthesia, 2013
16. Neuropathic pain mechanisms – lectures and a seminar for ST3 anaesthetics, 2013
17. Day-to-day training of ST3 on the pain module with assessments and feedback
18. Training for Advanced training in Pain medicine – 6 months' module, with feed back, and assessments
19. Course Director: Msc Diploma in Pain Management, University of South Wales- Macrh 2017
20. Local Pain Medicine Educational Supervisor for ABUHB for Faculty of Pain Medicine, RCoA, 2019

21. Medical Students placement in Diabetic Polyneuropathy Pain Clinic

22. An Introduction to Chronic Pain- Lecture for Medical students, Year 4, COTE, 25th October 2017

23. What is Pain and How to manage it – Lecture for Medical students, Year 4 ,27th March 2015

24.Diabetic Neuropathies and their treatment- Helen Pearce 3rd Year Medical Student SSC Project, 2006

INFORMAL TEACHING:

Viva practice for SHO and SpRs for FRCA exams as year 3 and 4 SpR, teaching lists for SHO's as a Registrar and SpR, workshops in PCA and epidurals for nursing and medical staff in West Wales Hospital, teaching paramedics and medical students, Journal clubs, presentations, teaching sessions for trainee anaesthetists. I was the Faculty of Pain Medicine Tutor for my NHS Health Board from 2018-2020.

Scientific meetings/seminars organiser:

1. 22nd November Welsh Pain Society Meeting, Newport, 2002
2. Multidisciplinary Multi professional Diabetic polyneuropathy Pain seminars since 2004 -2018.
3. Organiser and Presenter at Welsh Pain Society Meeting, Newport, 2017

MANAGEMENT

I served as a Director of the Pain Management Clinic in the Royal Gwent hospital from 1999 to 2010.

I have affirmed the setting up and running a modern multi-disciplinary pain clinic, responsible for teaching and training, as well as development of novel treatment modalities

In May 2004 I have established a multidisciplinary DIABETIC POLYNEUROPATHY PAIN CLINIC in conjunction with secondary care diabetes and wound healing clinic .

I have introduced many new interventional techniques, including Radiofrequency treatment techniques for the NHS Trust, established acute-on-chronic pain service," one stop shop" for patients with wounds, outreach chronic pain management centres, nurse-lead follow-up clinics, interactive seminars for GPs and hospital consultants with multidisciplinary case conferences.

Overseas: I was Head of a Anaesthetics Department of the Clinic for Plastic Reconstructive Surgery, Sofia's Higher Medical School from 1987 to 1995.

PUBLICATIONS

Chapters in a reference text:

1. Preoperative evaluation, p.59-65
2. General anaesthesia for surgical correction of cleft lip and palate ,p.65-72 in:

Georgiev E., K.Anastassov, V.Apostolova, T.Ivanova-Stoilova - "Congenital clefts of the lip and palate", Sofia, Medicine, 1993, 167p.

3. Neuropathic pain p.82-102 in: R.White, K.Harding, "Trauma and pain in wound care Vol.II" Mölnlycke healthcare, 2009

Papers in peer reviewed journals:

1. Kovalev O.A., V.L.Vanevskii, T.M.Ivanova-Stoilova et al : "Regional changes in circulation during short term ketamine anaesthesia, Anaesth.Reanim.(M) 1985,N1, p. 7-10
2. Kovalev O.A., V.L.Vanevskii, T.M.Ivanova-Stoilova et al : "Changes in common and regional blood flow during ether and hexobarbitone anaesthesia / an experimental study/" Pharmacol.Toxicol.(M) 1985, N3,p.53-57

3. Ivanova-Stoilova T.M., P.Tepavicharova: "Combined anaesthesia for aesthetic face lifting", Surgery,(S), 1990,N3,p.31-33.
4. Ivanova-Stoilova T.M., P.Tepavicharova: "Anaesthetic management of some short term cosmetic operations on the breast", Surgery, (S), 1989, N4, p.50-52
5. Ivanova-Stoilova T.M., J.Anastassov: "Ventilation parameters in cleft lip and palate children" Pneumol.Phthys. (S), 1990, N4,p.13-17
6. Dingley J., T.M.Ivanova-Stoilova, S.Grundler, T.Wall - Xenon: Recent developments Review article, Anaesthesia, 1999,v.54, p.335-346
7. Biswas M., O.Gibby, T.M.Ivanova-Stoilova, K.Harding- Cushing syndrome and chronic venous ulceration-a clinical challenge:International Wound Journal 2011;8 (1): 99-102
8. Ivanova-Stoilova T M _ Intractable pain in patients with diabetic neuropathies: Pain News,BPS,2011, Summer:21
9. Ivanova-Stoilova T.M., P.Evans- "Endocrine dysfunction in male patients with painful diabetic polyneuropathies on long -term strong opioids": Pain News, British Pain Society 2013; 11(3):188-189
10. Ivanova-Stoilova T.M., P.Evans: "Treating complex patients with painful diabetic polyneuropathies: 15 years of experience from Specialised Diabetic Polyneuropathy Pain Clinic in Newport, Wales", Faculty of Pain Medicine RCoA Transmitter, Autumn 2019: 16-17

Case reports

1. Ivanova-Stoilova T.M., D. Watson, S. Tudor-Smith: "Safe handling of a morbidly obese patient scheduled for haemorrhoidectomy". Theatre personnel nationwide, March 1998, p.14-15.Presented on Anaesthetists of Wales Winter Scientific Meeting, Feb 1998,
2. Ivanova-Stoilova T.M. – Postoperative pain management of diabetic patient – 17th November, 2000 – Welsh Pain Society Meeting, Haverfordwest
3. Ivanova-Stoilova T.M. – Pain Management for subsequent amputation in a diabetic patient – 24th November, 2001 – Welsh Pain Society Meeting, Bangor
4. Pulsed radiofrequency treatment of patient with atypical trigeminal trophic syndrome- International Head and Facial Pain Symposium, Amsterdam, 5th April

Presentations / summaries included in books of abstracts/

1. T.M.Ivanova-Stoilova, M.Eshan: "Postoperative sedation of cleft palate children following palatoplasty"- Presentation at 4th National Symposium of Orofacial Surgery, Sunny Beach, Sept. 1987
2. T.M.Ivanova-Stoilova: "Non-inhalational anaesthesia for surgical correction of the cleft palate" Presentation at National Symposium of Young Maxillo-Facial Surgeons, Sunny Beach, Bulgaria, Sept.1987
3. T.M.Ivanova-Stoilova: "Ketamine anaesthesia for staphyloplasty in cleft palate infants" 21st Balkan Medical Week, Varna, Bulg. 2-5.Sept.1990
4. T.M.Ivanova-Stoilova: "The laryngeal mask airway - first clinical impressions about its use in the anaesthetic management of plastic and reconstructive operations" 2nd Congress of Anaesth.Intens.Med.,Porto Carras, Greece, 17-20 Sept 1992
5. T.M..Ivanova-Stoilova: "Oral Ketamine for postoperative pain relief following staphyloplasty in cleft palate infants" - 2nd Congress Anaes. Intens. Med.Porto Carras, Greece, 17-20 Sept 1992
6. T.M.Ivanova-Stoilova: "Intranasal midazolam for pre-medication in cleft palate children" - 6th National Conference in Burns and Plastic Surgery 9 - 10th October 1992, Sofia
7. T.M. Ivanova-Stoilova: "Ketamine/Midazolam v.s. Ketamine for staphyloplasty in cleft palate children" 3rd European Congress of Paediatric Anaesthesia, 2-9th September 1993, Liverpool, United Kingdom
8. T.M. Ivanova-Stoilova: Introduction of Propofol in Bulgaria - the First Clinical Trial. "Propofol for Induction and maintenance of anaesthesia for some plastic surgery procedures", Sofia, May 1993
9. Turtle M., T.Ivanova-Stoilova - Intraarticular morphine for chronic joint conditions /a pilot trial/-50th Anniversary Meeting of the Anaesthetists in Wales, 27.02.1999
10. T.M.Ivanova-Stoilova, S.Jeffs - Treating Reflex Sympathetic Dystrophy according to signs and symptoms - Poster presented on Annual Scientific meeting of the Pain Society- 27-30 March, York, 2001

- 11.T.M.Ivanova-Stoilova, D.Howells – The efficacy of topical capsaicin cream 0,025% as adjuvant analgesic in chronic pain – Poster presented on Annual scientific meeting of Pain Society 1-4 April, Bournemouth, 2002
- 12.T.M.Ivanova-Stoilova, D.Howells – The usefulness of Pain Gone pain killing pen for self-treatment of chronic musculo-skeletal pain /a pilot trial/ - Poster presented on Annual scientific meeting of the Pain Society, 1-4 April, Bournemouth, 2002
- 13.T.M.Ivanova-Stoilova, S.Wartan – Is piriformis syndrome under diagnosed? –Poster presented on Annual Scientific meeting of the Pain Society, 1-4 April, Glasgow, 2003
14. S.Wartan, T.M.Ivanova-Stoilova –Lumbar facet joint injections: can we identify predictors of a good response – Poster presented on Annual Scientific meeting of the Pain Society, 30 March-2 April, Manchester, 2004
- 15.T.M.Ivanova-Stoilova, S.Wartan – The usefulness of Botulinum toxin type A (Botox®) in treatment of myofascial pain – Poster presented on International Forum on Pain Medicine, 5-8 May, Sofia, 2005
- 16.T.M.Ivanova-Stoilova, P.Donne, L.Jones, S.Wartan –Multiprofessional interactive seminars empower patients with painful diabetic neuropathies to self manage their condition – ASM of british pain Society, Glasgow 2006
19. 1.T.M.Ivanova-Stoilova, A.Ghei, S.Kadambande – Audit on pharmacological management of painful diabetic neuropathies in primary care in Newport, UK – 3rd International congress on Neuropathic Pain, Athens, Greece, 27-30th May 2010. Poster and abstract
- 20.. T.M.Ivanova-Stoilova, S.Wartan – Is sacro-iliac joint dysfunction underdiagnosed? 13th World Congress on Pain , 29August-2nd September, Montreal, Canada 2010
- 21.Diabetic neuropathies- guidelines and clinical judgement- Lecture, 5th National conference on Pain Medicine, Veliko Turnovo, Bulgaria, 3-5th June 2010
- 22.T.M Ivanova-Stoilova, M.LLewelyn, L.Jones, P.Donne – The usefulness of intravenous lidocaine infusion for short and long term management of Dercum's disease (A case report), 14th World Congress of IASP, Milano 2012
- 23.T.M.Ivanova-Stoilova in First Welsh Pain Society Newsletter – Diabetic polyneuropathy pain clinic

24.T.M.Ivanova-Stoilova: Painful diabetic neuropathies (and how to live well irrespective of them) South Wales Argus, Wednesday, April 13,p8, 2011

25.T.M.Ivanova-Stoilova: Intractable pain in patients with diabetic neuropathies, Pain News, Summer 2011, p21

26.T.M.Ivanova-Stoilova, B.Stephenson, E.Wilson- Pubic tubercule enthesitis as nociceptive component of intractable post hernioplasty pain – Pain Practice, 2012;12, suppl 1;131

27.T.M.Ivanova-Stoilova, Elizabeth Wilson, Arumugam Pitchiah – Iliopsoas syndrome is under diagnosed in patients with intractable chronic pain of the lower trunk and anterior thigh- Poster presentation and abstract PF 392, 14th World Congress of IASP, Milan 27-31st August 2012

28. T. M.Ivanova-Stoilova, K.Obuobie – Managing the complex patient with co-morbidities: Multimodal treatment of acute diabetic polyneuropathy in patient with Type I diabetes, anorexia and major depressive illness – Poster and Abstract for 4th International congress on neuropathic pain, Toronto,May 2013

29.T. M.Ivanova-Stoilova, P.Evans – Endocrine dysfunction in male patients with diabetes and co-morbidities on long term strong opioids for painful neuropathy – Poster and abstract for 4th International congress on neuropathic pain, Toronto, May 2013

30. T. M.Ivanova-Stoilova, S.Wartan – Radiofrequency treatment for intractable knee pain (clinical series) – Poster and Abstract on 7th World Insitute of Pain Congress, Maastricht, 7-10 th May 2014.

31. T. M.Ivanova-Stoilova, L.Wilkinson – The usefulness of Botulinum toxin in the treatment of neuropathic pain of the knee (in press for World Congress of ISAP, Buenos Aires, October 2014)

32. T. M.Ivanova-Stoilova _ Radiofrequency denervation of genicular nerves as novel treatment for intractable knee pain (clinical series) – Poster, World Institute of Pain Congress, Maastricht, The Netherlands, May 2014
33. T. M. Ivanova-Stoilova – Pulsed radiofrequency treatment for post knee arthroplasty pain in an elderly patient (a case report)- Poster 16th World Congress, Yokohama, Japan, September 2016
34. T M Ivanova-Stoilova, L.Jones – Chronic pain trajectories in 2 survivors of critical illness caused by necrotizing pancreatitis with 4 years' follow –up. Poster, 16th World Congress of IASP, Boston, 15th September 2018
35. T.M. Ivanova-Stoilova, L.Jones, R. King, E.Hibbert-Jones, M.Biswas, P.Evans, K.Obuobie, E.Wilson - Multiprofessional educational seminars as part of comprehensive management of painful diabetic neuropathies (our 13 years' experience from specialized Diabetic Polyneuropathy Pain Clinic, Newport, UK). Poster, 16th World Congress of IASP, Boston, 15th September 2018.
36. T.M.Ivanova-Stoilova, R.Wassall – Pulsed Radiofrequency to supra- and Infra-orbital nerves improves clinical outcomes of intractable facial pain after sinus surgery (A case report), Poster presentation at 10th Congress of World Institute of Pain, Rome, 2020
37. T.M.Ivanova-Stoilova- Pulsed radiofrequency treatment for myofascial pain syndromes- Free oral presentation on 2 nd International Symposium Evolution of Pulsed Radiofrequency Symposium, 22.04.2022 Madrid.
38. T.M.Ivanova-Stoilova, R.Wassall – Pulsed Radiofrequency improves clinical outcomes of chronic extraspinal neuropathic pain (7 years Experience), Poster P-005, presented on XI Congress of World Institute of Pain, 25-27.08.2022, Budapest. Abstract in *Pain Practice, August 2022*.

PRIZES

1. 1.The medical graduate with highest success rate in undergraduate and State exams.- Acknowledgement of the Dean of the Higher Medical School, Sofia 1979
2. The British Council in Sofia Travel Grant for specialising in anaesthetic management of cleft lip and palate repair - Oct-Nov 1991, May - July 1992
3. Zeneca 's Grant for introduction of propofol in the anaesthetic practice in Bulgaria -A pilot study and lectures- Jan 1993
4. The Soros Foundation Travel Grant for specializing in anaesthesia for paediatric plastic surgery procedures - May 1994
5. American Bibliography Institute: "Great Women of the 21st Century" award
6. Going the" EXTRA MILE" – Award from Aneurin Bevan Health Board, 2008
7. 2nd Prize for poster presentation at Welsh pain Society ASM, Nov.2012
8. 2nd Prize Welsh Pain Society ASM, Llandudno, 18th October 2013
9. 1st Prize for poster presentation on Research and Development Conference of Aneurin Bevan Health Board, 24th June 2014
10. Nominated : Patient's Choice Award on Staff Recognition Awards, Dec 2017
11. Staff Recognition Award " Going the extra mile" 2018
12. Staff Recognition Award " Patient Choice Award" 2018

INTERESTS AND HOBBIES

1. Masters level in Rhythmic Gymnastics
2. A diploma in Tourist guiding in English language, Bulgarian Tourist Board, 1973.
3. Music: I play the Accordion
4. Languages: Native Language: Bulgarian,
I speak fluently English and Russian,
everyday German, Italian, Spanish and Greek.
5. Literature and drama: I have studied the classic English and American literature
I had been an active member of the Drama society of the English Language School in Sofia.
6. Translator and interpreter:
I had prepared many summaries of articles on anaesthesia and intensive care topics published in English /British, American, Scandinavian, etc/ for publication in "Anaesthesia Reviews"/Bulgarian/.
I have been interpreting on scientific meetings from English to Russian, English to Bulgarian, Bulgarian to English.
I have prepared translations from English to Russian for rehabilitation of sick children from Chernobil.
I help out when interpreting for Chech, Polish, Ukrainian nationals.

CAREER PLANS

My aim is to continue my career in Pain Medicine as an Independent Consultant, provide Medico-legal expertise on complex pain related issues and continue in my role as Course Director for online PgD and Msc in Pain Management for USW.